



## CPAP/BiLevel and Supplies Cleaning Instruction

### DAILY:

1. Replace distilled water daily to your water chamber

### WEEKLY:

1. Clean filter by removing from CPAP / BIPAP machine. Shake off any dust on the white Disposable filter. Wash dark charcoal filter with dab of dish soap, and then rinse with warm Water. Please allow filter to air dry before returning to CPAP / BIPAP machine.
2. Wash tubing with dab of dish soap warm water. Allow water to run from side to side and then rinse with warm water. Hang tubing to drip dry before next use.
3. Clean mask and mask cushion weekly with dish soap and rinse with warm water. Allow mask to complete dry before next use.
4. Wash chamber with dish soap with warm water. Rinse with warm water to allow drying before next use.

**\*\*\*DO NOT MOVE CPAP / BIPAP DEVICE WITH WATER IN THE HUMIDIFIER CHAMBER**

### REPLACEMENT SCHEDULE FOR CPAP / BILEVEL SUPPLIES

DESCRIPTION	REPACE SCHEDULE	DESCRIPTION	REPLACE SCHEDULE
NASAL MASK	1 EVERY 3 MONTHS	TUBING	1 EVERY 3 MONTHS
NASAL CUSHION	2 PER MONTH	HEATED TUBING	1 EVERY 3 MONTHS
FULL FACE MASK	1 EVERY 3 MONTHS	DISPOASABLE FILTER	2 PER MONTH
FULL FACE CUSHION	1 PER MONTH	NON-DISP. FILTER	1 EVERY 6 MONTHS
NASAL PILLOWS	2 PER MONTH	WATER CHAMBER	1 EVERY 6 MONTHS
HEADGEAR	1 EVERY 6 MONTHS	CHINSTRAP	1 EVERY 6 MONTHS

\*\*\*\* PLEASE NOTE THESE ARE MEDICARE GUIDELINES ON REPLACEMENT SUPPLIES. MOST INSURANCE FOLLOW MEDICARE GUIDELINES, SO PLEASE CALL THE OFFICE IF YOU HAVE ANY QUESTIONS ON YOUR INSURANCE. IF YOU BELONG TO AN HMO, AUTHORIZATION WILL BE REQUIRED.